

## **Sports Premium**

'Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement. The school sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officers guidelines which recommend an average of at least 60 minutes per day across the week). The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils' (Department of Education, 2021).

## Our strategy at Glenleigh Park Primary Academy - 2024/2025

At Glenleigh Park we want our children to experience a wide range of sports and other physical activities during the time they spend with us. These opportunities will be present from Reception right up until Year 6, with each child having the chance to develop a wide range of skills. Our curriculum has been purposefully designed so that the skills learned in Reception will be gradually built upon each year in a wide range of contexts, giving each child the opportunity to develop their versatility and resilience.

The teaching of P.E at Glenleigh Park is focused around five key concepts; communication, skill, health and fitness, logical thinking, and reflection, each of which are present in the values taught in P.E throughout the school. The purpose of our P.E curriculum being centred around these areas is to provide a foundation that helps each child to utilise these skills as they grow and develop beyond

their time at Glenleigh Park. Not only will these skills benefit the children in all aspects of P.E, but we also feel that these are skills that can be applied throughout life, underpinned by our school values of growth, positivity, perseverance, and achievement. Sport and physical activity require a certain degree of skill, without doubt a fundamental ingredient for success in sport. Along with this though requires communication and a hard-working attitude, values that we wish to promote in P.E along with all other areas of school and later life.

At Glenleigh Park we offer our children a vast number of different sports and physical activities, teaching transferrable skills that can intertwine between each area of P.E. Moreover, this spectrum of opportunity allows our children to experience and enjoy areas of sport and other physical activities that they may have not been previously aware of. Similarly, it can also allow for the children to discover hidden talents they would not have had the chance to recognise; talents that they can competitively showcase within school as well as external competitions.

Without question, the wellbeing of every child is a key focus here at Glenleigh Park; an aspect of children's development that has a series of key links with physical education. Exercise is one key element that has a significant impact upon wellbeing, with the government recommending that each child partakes in thirty minutes of physical activity each day as part of a healthy lifestyle. As a result, we aim to give children the opportunity to do this in our P.E lessons, break times, during after school clubs and taking advantage of the Golden Mile track at varying intervals throughout the day. Not only do we aim to give each child the chance to engage in regular exercise, but they are also taught about why this exercise in coherence with a balanced diet is crucial for a healthy lifestyle.

As highlighted, following the National Curriculum for P.E ensures that our children are given ample opportunities to develop competence to excel in a broad range of physical activities, to maintain physical activity for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives.

The funding that we receive will help us to provide a thoroughly enjoyable standard of physical education that promotes the five key concepts discussed, along with a further range of P.E opportunities beyond the school day.

Academic Year: 2024/2025	Total fund allocated:	Date Updated:		
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school.				Percentage of total allocation:
Intent	Implementation		Impact	Sustainability
School focus and desired impact:	Intended actions:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Our focus is to ensure all pupils engage daily physical activity, finding enjoyment in this in order to promote healthier lifestyles and improving overall wellbeing. The desired impact is increased	<ul> <li>Discuss the importance of a healthy lifestyle in Wellbeing, science, and PE classes.</li> <li>Increase opportunities for students by participating in a broader range of inter-school competitions.</li> <li>Provide play leader training for upper KS2 students.</li> <li>Ensure PE lessons include effective warm-ups that elevate heart rates.</li> </ul>		•	•

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Percentage of total allocation:

• Utilise the Golden Mile weekly and

encourage students to achieve

High quality PE lessons being

planned and taught across the

their personal best.

school

physical fitness,

concentration, and

improved academic

performance across all

enhanced

age groups.

Intent	Implementation		Impact	Sustainability
School focus and desired impact:	Intended actions:	Funding Evid	dence of impact:	Sustainability and suggested next steps:
Our focus is to promote physical activity as a key part of school life, helping children feel happy, healthy, and engaged. The goal is to create a positive environment where staying active supports their wellbeing, confidence, and enjoyment in all areas of learning.	<ul> <li>A range of equipment on the playground, facilitated by</li> <li>Clubs targeting a wide range of children</li> <li>PE Monitors and play leaders to be excellent role models, directed by PE lead across the school</li> <li>PE award given weekly per class for excellent effort.</li> <li>ActivAll boards regularly used at break times and lunch times to promote physical activity and enjoyment</li> <li>Participating in school sport and celebrating success.</li> </ul>			
Key indicator 3: Increase	ed confidence, knowledge and skills of all sta	ff in teaching PE and	d sport	Percentage of total allocation:
Intent	Implementation		Impact	Sustainability
School focus and desired impact:	Intended actions:	Funding allocated	: Evidence of impact:	Sustainability and suggested next steps:

We want to provide targeted support and training for staff, addressing areas identified by the PE lead, senior leadership, and staff feedback through teacher voice. The aim is to equip our staff with the skills and understanding needed to deliver engaging, high-quality physical education lessons tailored to our pupils' needs.	<ul> <li>PE Lead to conduct regular monitoring through observations and pupil voice to identify areas of strength and improvement across the school.</li> <li>Staff voice to be conducted to identify areas for development.</li> <li>PE lead to support staff in achieving high quality planning and teaching.</li> <li>Acquire external services to deliver training (i.e. Dance should this be an identified need)</li> </ul>			
Key indicator 4: Broader exp	perience of a range of sports and activition	es offered to all pupils	5	Percentage of total allocation:
				30.05%
Intent	Implementation		Impact	Sustainability
School focus and desired impact:	Intended actions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
We aim to provide a diverse selection of physical activities, both	<ul> <li>Providing diverse         extracurricular clubs, run by         both school staff and external         specialists.</li> </ul>			

participation, build confidence, and give children the opportunity to explore new challenges through competitions and varied experiences in and out of school.	following the progression document.  • Offering the opportunity to partake in cycling proficiency, Time 2 Dance, SAMA Karate, swimming session and other activities.			
Key indicator 5: Increased pa	articipation in competitive sport  Implementation		Impact	Percentage of total allocation: 16.26%  Sustainability
School focus and desired impact:	Intended actions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
We plan to expand opportunities for students to take part in a wider variety of competitions, ensuring more pupils across all age groups are involved. The goal is to encourage teamwork, resilience, and school pride while giving children the chance to showcase their talents in different competitive settings.	<ul> <li>Collaborating with schools beyond the Bexhill Alliance, such as BHAFC Foundation, to explore additional sporting opportunities.</li> <li>Arranging transportation to ensure pupils can participate in various sports events.</li> <li>Participating in a broad range of inter-school competitions through our partnership with the Bexhill Alliance.</li> </ul>			•

Total Available	
Total Spend 2024/2025	
Total carry over	