



**Wellbeing Curriculum**  
**Year 1 Term 4**

*Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy & positive relationships and by knowing where to seek help when it is needed.*

*If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the school office for further information, clarification and support.*

**This term we will be learning...**

- About the different roles in the community people have to help us stay safe (the jobs and how they do this)
- To identify who can help them in different places and situations
- Ways to respond to adults they don't know
- What to do if they feel unsafe or worried
- How to get help if there has been an accident and someone has been hurt including how to dial 999

**Our Key question for this term is...**

***Who helps us to keep safe?***

**Key Vocabulary we will learn and use...**

*Danger, Safety, Risk, Community, Adults, Support, Roles, Strangers, worries, accident, emergency*

If you or your child needs help and support these websites have information that can help...

<https://www.childline.org.uk/>

<https://anti-bullyingalliance.org.uk/>

**Points to note– What to do in an emergency**

During this learning the children will think about people that can help them in different situations, and will focus on if somebody has an accident or is hurt. The children will begin learning about what to do in an emergency, including how to dial 999. They would be asked to try to explain where they are, what the problem is and who is involved. Children will be reassured that if they are unable to answer the questions it doesn't matter. You can support this learning at home by practicing with your child how to give this information.

**Points to note– Responding to adults that children don't know**

During this term we will be using a resource 'Clever never goes' which has been developed as an alternative to the outdated 'Stranger Danger' approach. For a number of years we have warned our children 'stranger danger', yet most strangers will not harm children and many of the people that do pose a risk to children are not strangers. Clever never goes is based on the simple message that children shouldn't go with anyone unless it has been arranged beforehand. Rather than fearing the worst in everyone they don't know, it helps children recognise specific situations that are unsafe and gives them the tools to respond. It aims to keep children safe but also to build their abilities to engage with the outside and online worlds, whilst also giving parents the confidence to let them. There is a section for parents on the website with more information if you would like to find out more- [www.clevernevergoes.org](http://www.clevernevergoes.org)