



Wellbeing Curriculum
Year 1 Term 6

Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy & positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the school office for further information, clarification and support.

This term we will be learning...

- How to work and play co-operatively
- About the responsibilities they have in and out of the classroom
- To explain ways to look after and care for people and animals
- About what harm the local/global environment and how it can be cared for
- To recognise how people and their needs change as they get older
- Ways to manage change when moving to a new class/year group

Our Key question for this term is...
How can we look after each other and the world?

Key Vocabulary we will learn and use...

Relationships, Communication, Responsibilities, Roles, Communities, Change, Worries

If your child needs help and support these websites have information that can help...

www.childline.org.uk/
www.nhs.co.uk/change4life

Points to note— How our needs change as we get older

Children will be learning this term about how they have different needs and responsibilities as they get older. They will explore the life cycle of humans using the images shown. There will be discussion about what we need when we are babies and how this changes as we get older, the same as the things we can do change as we get older. Sensitivity will always be shown by teachers to children who may be at different stages developmentally.

Resource D
Human life cycle

