

Glenleigh Park Primary Academy

Growth, Perseverance, Positivity, Achievement



Wellbeing Curriculum

Year 2 Term 5

Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy & positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the school office for further information, clarification and support.

This term we will be learning...

- That rules and restrictions help us to be safe
- How to identify some risky or potentially unsafe situations and how to avoid them
- To develop strategies to resist pressure to do something they don't want to including keeping secrets
- That not everything they see online is true or to be trusted
- How to tell someone if they are worried about something, feel unsafe or uncomfortable

Our Key question for this term is...

What helps us to stay safe?

Key Vocabulary we will learn and use...

Safe, Unsafe, Risky, Harm, Rules, Restrictions, Online, True, Untrue, Pressure

If you or your child needs help and support these websites have information that can help...

<https://www.childline.org.uk/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.thinkuknow.co.uk/parents/>

Points to note– Rules and restrictions about what we watch

As part of this unit the children will be using the context of films and film classification to explore safe viewing choices. The lessons have been designed to help children acquire the knowledge, understanding and skills to manage their own viewing, and equip them to choose what is right for them and avoid what is not. As viewing shifts to phones, tablets etc children are making decisions about what they see at an ever-younger age, so helping them to choose well is increasingly important. We recognise that every individual and family is different and makes different decisions about what is appropriate for their child, however using age-appropriateness as a guide to what is suitable plays a valuable part in helping everyone to navigate the film, video and website content around them. These lessons will use the British Board of Film Classification (BBFC) age ratings system and explore the importance of making good and informed choices for our own and others wellbeing.

Pieces of Information

A photo of your food		Birthday	
Full name	Pets' names	Music you're listening to	Email address
School name	Username/ nickname	Today's weather	Phone number
Your sock colour	The best superhero	Home address	A video of your cat
Where you are right now	Friends' names	Passwords	The time

The children will be thinking about keeping safe online, building on learning from earlier in the year. They will learn about sharing information online– what it is safe to share or not to share. There will also be activities about the people they may be 'friends' with online and the need to be mindful about who these people actually are and how well they really know them so that they are making safe choices about information sharing with them.