

Wellbeing Curriculum
Year 4 Term 6

Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy & positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the school office for further information, clarification and support.

This term we will be learning...

- To recognise and manage risk in different situations
- How people can be influenced by others and how to manage this
- How online actions can impact other people
- How to keep safe online including managing requests for information and recognising what is appropriate to share or not
- How to report concerns and worries
- To identify that rules, restrictions and laws exist to help people keep safe and what to do if they are aware of a situation that is against these

Our Key question for this term is...

How can we manage risk in different places?

Points to note– Managing Risk

The children will be exploring different situations where risks may occur. These lessons will support children in identifying ways of keeping themselves and others safe by learning to assess risks. Recognise danger and warning signs and further their understanding of the dangers that surround them.

There will also be opportunities for children to deepen their understanding of the negative and positive aspects of using computers and being online, including laws that have been created to protect us. They will gain skills and knowledge to enable them to cope in the media generation.

Key Vocabulary we will learn and use...

Risk, Danger, Online, Safety, Worries, Report, Concerns, Rules, Restrictions, Laws

If you or your child needs help and support these websites have information that can help...

<https://www.childline.org.uk/>

<https://www.thinkuknow.co.uk/parents/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

