

Glenleigh Park Primary Academy

Growth, Perseverance, Positivity, Achievement



Wellbeing Curriculum

Year 5 Term 3

Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy & positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the school office for further information, clarification and support.

This term we will be learning...

- To identify what influences our future goals and some of the steps we take or challenges we might face in achieving these
- To know about a range of jobs and identify/explain some of the skills, attributes, qualifications and training needed for different jobs
- To explore a range of jobs, the skills needed for them and routes into different careers
- To understand the importance of keeping safe online and ways to manage any risks or seek help if needed

Our Key question for this term is...

What jobs would we like?

Key Vocabulary we will learn and use...

Goals, Aspirations, Career, Influence, Challenge, Skills, Attributes, Qualities, Training, Qualifications, Online, internet

If you or your child needs help and support these websites have information that can help...

<https://www.childline.org.uk/>

<https://anti-bullyingalliance.org.uk/>

Points to note

During these lessons the children will be exploring a range of different career and education paths that are available to them in the future. We want these lessons to help the children realise that there are multiple options available to them and to begin exploring how the skills and interests they have may help them in choosing a career. We will be looking at practical aspects of aspirations in terms of qualifications needed or routes into certain careers. The use of ground rules helps to establish a safe learning environment for the children and teachers will be sensitive at all times to the fact some children may find these lessons difficult depending on their own personal experiences, for example unemployment in the family. Children will be encouraged to consider stereotypes they already have about certain jobs and be taught to challenge these, is there really any such thing as a job for boys or a job for girls?! We would love to hear from parents who might like to share with the children information about their job— please do get in touch if you are interested.

The whole school will be taking part in lessons about Internet Safety on 'Safer Internet Day' which is being held on 8th February. The theme for this year is...

'All fun and games? Exploring respect and relationships online'.

You can access information and resources to help you keep your child safe online on this website-
<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

