

# Glenleigh Park Primary Academy

## Growth, Perseverance, Positivity, Achievement

### Year 5 and 6 - Term 1

### Wellbeing Overview



Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy and positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the School Office for further information, clarification and support.

#### We will be learning...

- How to protect ourselves online
- To recognise online fraud
- To ask for help and respond correctly to pressure around inappropriate contact
- About AI, it's risks and benefits
- About the rights children have on and offline

#### Our key question is...

***How can we stay safe online including using AI?***

#### Our key vocabulary...

Artificial intelligence, AI, online, safety, fraud, information, rights, pressure

#### Points to note - Online safety and children's rights

When learning about the risks of being online, we are conscious of the fact that although social media is legal for children 13+, many of our children will have social media accounts. We do not make them feel bad about this however we do want to equip them with the skills of how to stay safe online as well as how to recognise when things could be fraudulent and make them feel uncomfortable. We want to empower the children to ask for help if they are unsure of something they have seen as well as having the confidence to say no against pressures they may face from peers or strangers online. These lessons will include teaching the children their on and offline rights as well as the new risks AI brings to the online world. We will also explore where AI can be helpful in our day to life and how to use it safely.

If you would like any guidance or support in how to keep your children safe online, please have a look at the online safety guides on our website or in the support box below.

#### Support

If you or your child needs help and support these websites have information that can help.

<https://www.childline.org.uk/>  
<https://anti-bullyingalliance.org.uk/>  
<https://www.parentkind.org.uk/online-safety-toolkit>  
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

#### Online safety guides for various social media platforms

<https://www.glenleighparkprimaryacademy.org/online-safety>