

Glenleigh Park Primary Academy

Growth, Perseverance, Positivity, Achievement

KS1 - Term 1

Wellbeing Overview



Our school's vision for our Wellbeing Curriculum is that children are able to keep themselves physically, mentally and emotionally safe and healthy, throughout their lives. They will do this by developing the skills and knowledge they need to make informed choices, build healthy and positive relationships and by knowing where to seek help when it is needed.

If you have any questions or concerns about any aspect of the Wellbeing Curriculum please contact the Wellbeing Lead, Mr Wheeler, through the School Office for further information, clarification and support.

We will be learning...

- To explain what we like/dislike and why
- To recognise what makes us special
 - To identify our strengths
 - To explain what makes us unique
- To recognise similarities/differences with others
- To use the correct vocabulary to name body parts including external genitalia

Our key question is...

What is the same or different about us?

Our key vocabulary...

Similarities, differences, unique, special

Bottom, vulva, vagina, penis, testicles

Points to note - Celebrating differences

When we are teaching about similarities and differences we are mindful to be equally enthusiastic about all contributions made. We will teach the children about giving and receiving compliments through role play activities. The difference and diversity of our classes will be celebrated. Children will be reminded that we are all special and unique in our own ways and that it is never okay to be unkind to someone because they are different. At Glenleigh Park we are proud to be ourselves and bullying is not tolerated. Please encourage your child to make sure they talk to adults in school if somebody is unkind so that it can be dealt with straightaway.

Points to note - Naming body parts

Children will learn the correct names for different parts of their body, these words will include bottom, penis, testicles, vagina and vulva. We recognise there may be other family names that children have for these body parts however it is important that they know the correct scientific names and are able to use these without embarrassment. We need children to realise it is no different to using 'shoulder' or 'knee' to talk about their bodies. The children will also watch the 'Pantasaurus' video about consent, privacy and their body parts. As always, safeguarding is at the heart of what we do and the school policies for safeguarding will be followed, and any comments made by children that could be possible safeguarding issues will be reported.

Support

If you or your child needs help and support these websites have information that can help.

<https://www.childline.org.uk/>

Resources

Please see below some of the resources we will be using for the naming body parts lesson.

Talk PANTS Resources:

PANTS Power, ages 5-7

Resource 1: Body parts

Hand	Arm	Leg	Foot
Head	Chest	Bottom/ Buttocks	Vulva
Penis	Hair	Knee	Neck
Nipple	Foot	Testicle	Vagina

person

Resource 2: Body outline

AND HELP KEEP
CHILDREN SAFE

